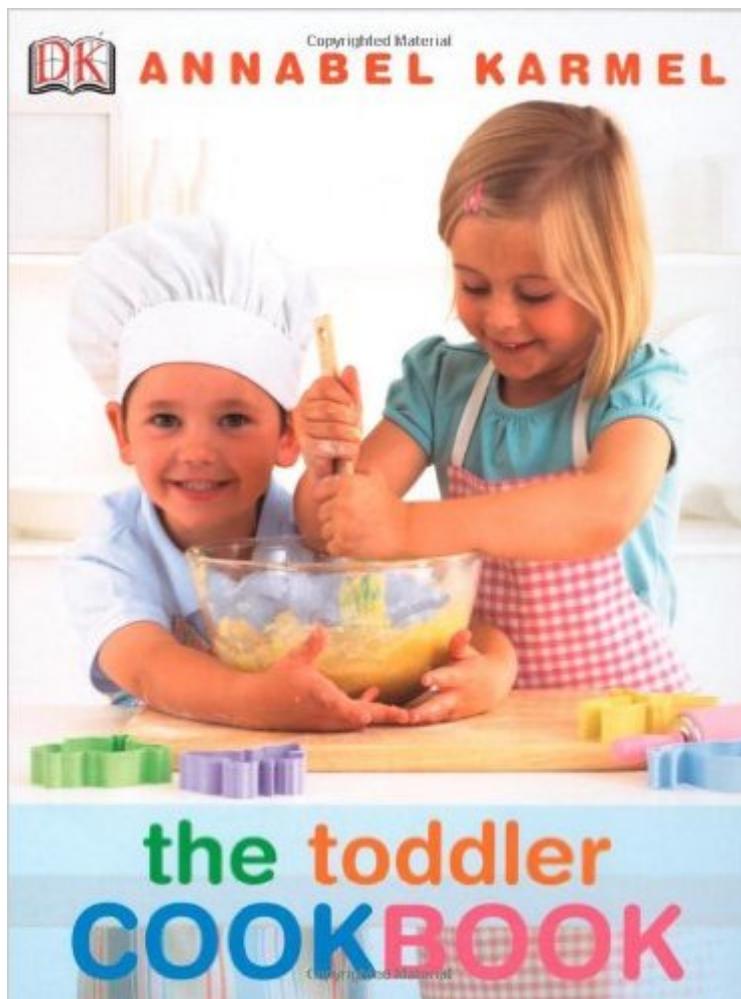


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# The Toddler Cookbook



## Synopsis

This is an ideal kitchen primer for the youngest of cooks. Easy recipes for a wide variety of dishes, from lettuce wraps to crunchy chicken dippers, allow lots of opportunities for toddlers to lend Mum and Dad a hand as they whip up lots of new flavours - and lots of fun.

## Book Information

Age Range: 2 - 5 years

Hardcover: 48 pages

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Product Dimensions: 8.8 x 0.3 x 11.1 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 starsÂ  See all reviewsÂ  (38 customer reviews)

Best Sellers Rank: #93,394 in Books (See Top 100 in Books) #94 inÂ  Books > Children's Books > Children's Cookbooks

## Customer Reviews

I thought I would love this cookbook - my toddler and I love to cook together - but it was really disappointing. There are only 18 recipes - and that's including no brainers like "Fruit skewers" and "Homemade lemonade". It's too slim a volume - wish it were twice as big, and with recipes to teach kids how to prepare healthy meals. There are a couple of decent recipes (like chicken dippers and salmon fishcakes) but they are nothing new in our repertoire of kids food - they are also already included in Karmels 'First Meals' which is better than this book. The step by step photos are nice, but doesn't change the fact I wish I hadn't made this a purchase - its a good bet for taking out at the library once and then returning. For step by step kids cookbooks, Mollie Katzen's illustrated books (like Pretend Soup) are great - easier for kids to follow and very healthy (she's part of the veggie Moosewood Collective).

The title of the book is a bit misleading as this is geared more for preschoolers (4+) due to the level of difficulty of the recipes. There is a wide assortment of recipes including: caesar salad (no eggs), bread rolls, pita pizzas, (roasted) cherry tomato sauce, chicken dippers, chicken satay, almond fishcakes, corn quesadillas. For desserts: multicolored meringues, tropical ice pops, mini banana

muffins, peanut butter rice krispi bears, oat bars, butter cookies, fruit plate with dips (on artist palette, very original), mini lemon cheesecakes (made with yogurt, heavy cream and no eggs) and lemonade. There's also an interesting section on how to organize a cooking party. Also a plus, a picture glossary of the equipment children will need to cook plus the ingredients they will need. Beautiful layout, clear instructions, and it's food that could be served to grownups as well. Parents be advised, some instructions are questionable, such as grating cheese on a box grater (ask an adult to help in tiny letters) and a child holding on to a hand mixer her mom is using (eek, no way). This is a British cookbook adapted for the US so you'll find US standard measures, as well as metric (weight) and temperatures in Fahrenheit / Celsius (can be confusing to a child). This is an excellent cookbook although parent supervision is advised for some recipes.

Do yourself a favor and find some recipes on pinterest for free. I wanted to love this book but there is nothing in here that isn't already an obvious task for a toddler in the kitchen. If you want to get your kids more interested in their food start in the garden or supermarket. Allow and encourage them to pick their own food then bring it home and let them help you prepare it. Keep small children away from raw meat, heat and knives of course - but do encourage them to measure, dump, stir and clean. They will take pride in their work and be more apt to trying new foods or eating more of what's for dinner.

While I rather look up recipes online, I bought this book so my daughter and I could cook things together. Most of what is in the book is stuff I couldn't get her to eat yet, she is three and has leukemia so her willingness to try new things is non-existent. However, I think the experience of cooking and having a cookbook with me is exciting to her. I look forward to trying out the recipes and having my daughter pick out things she'd like to cook with me. At the very least, it's a fun addition to her kitchen center.

This cookbook has easy to follow directions and great pictures. ONLY issue I have is that a lot of the items to cook are NOT things my child will eat (fish cakes) and some of the ingredients I am not able to get in my rural area. If we lived in a large city, this might be easier to use. As it is, it sits on the cookbook shelf collecting dust. I think book looks great and had high hopes...

This was a gift for my grandson. My daughter-in-law was excited to try the recipes and liked the pictures. I have looked for a book for cooking with little ones and this was bright, interesting, and the

dishes were not just snacks.

From what my daughter tells me, I could not have picked a more perfect birthday gift for my granddaughter! the two of them immediately "consulted" each other and decided to use the book to make a cookie-type dessert. It is such a well-illustrated book that my two year old grandson was able to look at the pictures and "help" decorate the bear-type cookie which was made.

I am hoping to start cooking together with my 3 year old daughter so I was happy to see a cookbook called "toddler" cookbook. I was hoping that the recipes in there would actually be easy enough for a toddler to do a lot of the steps. However there's no way a toddler could successfully do things like crack eggs and separate the whites from the yolk, or slice things with a knife or do some of the other steps required. I still look forward to trying the recipes and I can do those steps for her, but I was hoping it would be recipes where a toddler can do all the steps with just a bit of help instead of just watching mom do stuff. Other than that the recipes are beautifully illustrated with step by step instructions.

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